

Brooke A. Stipelman

7111 Woodmont Avenue #311
Bethesda, Maryland 20815

(301) 656-4861
bstipelman@psyc.umd.edu

EDUCATION **The University of Maryland**, College Park
Doctorate of Psychology, expected May 2008

The University of Maryland, College Park
Master of Arts, December 2005

The George Washington University, Washington, DC
Bachelor of Arts in Psychology, 2001, magna cum laude, GPA 3.72

RESEARCH EXPERIENCE

- 1/06-present **The University of Maryland**, College Park, MD
Research Assistant, Center for Addictions, Personality, and Emotion Research, Carl Lejuez, PhD.
Assist primarily on a grant designed to assess behavioral activation as a treatment for depressed smokers (BATS). Responsibilities include editing treatment manuals, participant recruitment, scheduling and running subjects, and co-running treatment groups.
- 8/03-12/05 **The University of Maryland**, College Park, MD
Research Assistant, Maryland Center for Anxiety Disorders, Samuel Turner PhD & Deborah Beidel, PhD.
Participate in the implementation of a treatment-outcome study of social phobia. Various duties include treatment of patients using Social Effectiveness Therapy or exposure therapy, screening and running normal control subjects, conducting pre-treatment assessments and post-treatment follow-ups of socially phobic patients, and coding tapes of behavioral assessment tasks.
- 8/01-7/03 **National Institutes of Health, National Institute of Mental Health**, Bethesda, MD
Research Trainee, Mood and Anxiety Disorders Research Program, Section on Developmental Genetic Epidemiology, Kathleen Merikangas, PhD.
Intramural Research Training Award
Participated in the planning, writing, and implementation of a large scale family study protocol looking at depression, anxiety, and migraine within families. Work involved participation in recruitment, interviewing and study coordination. Engaged in ongoing data analysis using the Yale Family Study data set. Assisted in various research assistant duties such as literature reviews, manuscript preparation and research gathering.
- 9/00-12/00 **The George Washington University**, Washington, DC
Research Assistant, Eugene Abravanel, PhD
Assisted in the coding of videotapes and participated in data analysis discussions for research concerning observational learning with autistic children.
- 2/00-7/00 **The George Washington University**, Washington DC
Research Assistant, Catherine Cant, MPhil, PhD candidate
Conducted literature reviews, administered specialized telephone interviews assessing diabetes management behaviors in children and parents, and engaged in data scoring and entry of numerous psychosocial questionnaires for a study conducted at Georgetown University on adherence to daily diabetes management in children with insulin-dependent diabetes mellitus.

CLINICAL EXPERIENCE

- 7/05-present **Harbor Lights Salvation Army Center**, Washington, DC
Therapist, Provide supportive counseling to patients receiving residential substance use treatment. Run a weekly women's group based in large part off techniques found in Linehan's Dialectal Behavior Therapy.
- 1/05-present **The University of Maryland**, College Park
Therapist, Center for Addiction Personality and Emotion Research, Carl Lejuez, Ph.D.
Co-run two behavioral smoking cessation group treatments. Conduct brief individual behavioral therapy for smoking cessation.
- 8/04-12/05 **The University of Maryland**, College Park, MD
Therapist, Maryland Center for Anxiety Disorders, Deborah Beidel, Ph.D.
Co-run social skills groups and provide individual exposure therapy for adult and child social phobia research subjects using Social Effectiveness Therapy.
- 6/04-present **The University of Maryland**, College Park, MD
Therapist, Psychology Clinic, Colleen Byrne, Ph.D.
Conduct psychoeducational testing for both adults and children. Provide cognitive, behavioral and interpersonal therapy for child and adult clinical populations.
- 10/00-5/01 **The Northwest Pregnancy Center**, Washington, DC
Intern, Gained experience in using a crisis intervention model to counsel women with pregnancy decisions. Handled small caseload of clients, and provided them with counseling, resources, and referrals to relevant social service and public assistance agencies. Updated referral directory of over 100 social service agencies to aid clients with financial, legal and, psychiatric needs.
- 9/00-5/01 **The George Washington University**, Washington, DC
Freshman Advisor, Columbian School of Arts and Sciences
Served as student teacher in the Freshman Advising Workshop, a mandatory class for George Washington University freshmen which teaches skills and tools that acclimate students to the challenges of college life. Provided counseling and resources to students who were facing difficulties adjusting to school. Problems faced by these students included depression, anxiety, stress, time management, and homesickness. Participated in an advisory committee with students and faculty to help the psychology department formulate guidelines to assist and provide opportunities to students considering a major in psychology.
- 1/00-5/02 **Prevent Child Abuse MWA**, Washington DC
Telephone Crisis Counselor, Received training in general crisis intervention model and strategy. Volunteered weekly to handle telephone calls and counsel a wide range of callers using the crisis call model and nonjudgmental, reflective listening. Participated in the seasonal training of new volunteers by facilitating the lessons and leading role play groups and discussions. Provided supervision and evaluations during observation shifts for new volunteers.
- 1/00-5/00 **Family Mental Health Foundation**, Washington, DC
Intern, Assisted in various clerical duties including word processing, financial management, document preparation and distribution. Participated in preliminary research and writing of a grant proposal for local obstetricians and gynecologists to screen women using the Edinburgh Postnatal Depression Scale for post partum depression and provide early intervention. Attended board meetings and met with local hospital doctors and administration to garner participation and support for the project.

PUBLICATIONS

Beidel, D., & **Stipelman, B.** (in press). Anxiety Disorders. In *Adult Psychopathology and Diagnosis*. Turner, S.M., & Hersen, M. (Eds).

Merikangas, K.R., & **Stipelman, B.** (2004). Genetic Epidemiology of Substance Use Disorders. In *Neurobiology of Mental Illness*, Charney, D.S., & Nestler, E.J. (Eds). New York: Oxford University Press, 710-719.

Daughters, S.B., **Stipelman, B.**, Sargeant, M.N., Schuster, R., & Lejuez, C.W. (submitted). Antisocial Personality Disorder and Court-Mandated Treatment as Predictors of Treatment Dropout among Inner-city Substance Users in Residential Treatment. *Journal of Substance Use Treatment*

Stipelman, B., Tull, M., & Salters-Pedneault, K. (in preparation). Predictors of Comorbid Panic Attacks in GAD: An Examination of GAD Severity and Anxiety Sensitivity Dimensions.

Stipelman, B., Beidel, D., & Turner, S. (in preparation). Social Skills Deficit Versus Performance Inhibition in Socially Anxious Individuals.

Stipelman, B., & Lejuez, C.W. (in preparation). The Relationship Between Smoking and Cortisol: Evidence of Dysregulation of the HPA-Axis in Addiction and Relapse.

PRESENTATIONS

Stipelman, B., Tull, M., & Salters-Pedneault, K. (2006). Predictors of Comorbid Panic Attacks in GAD: An Examination of GAD Severity and Anxiety Sensitivity Dimensions. Poster in Preparation for Presentation at the Association for the Advancement of Cognitive and Behavioral Therapy, Illinois

Stipelman, B., Beidel, D., & Turner, S. (2006). Social Skills Deficit Versus Performance Inhibition in Socially Anxious Individuals. Poster Presented at Anxiety Disorders Association of America, Florida.

Stipelman, B., Beidel, D., & Turner, S. (2005) Social Effectiveness Therapy for Children: Treatment Outcome for African American and Caucasian Children. Poster Presented at Anxiety Disorders Association of American, Washington.

Stipelman, B., Yu, K., Avenevoli, S., & Merikangas, K.R. (2003) Is There Sex-Specific Transmission of Anxiety Disorders? Poster Presented at American Psychopathological Association, New York.

OTHER

Ad hoc Review Journal of Anxiety Disorders

Professional Anxiety Disorders Association of America, student member 2005-present
Association for the Advancement of Behavior Therapy, student member 2003-present
American Psychological Association, Graduate Student Affiliate, 2003-present
Psi Chi, National Honor Society in Psychology, President of GWU chapter 2000-2001
Golden Key Honors Society, 2000-present

Awards Fellowship- University of Maryland Department of Psychology 2003-2005
Dean's List, The George Washington University, 1998-2001
Psi Chi membership, 2000-2001